Tenkara Fishing

Tenkara Fly Fishing (Japanese) literally means "from heaven" or "from the skies" is a traditional type of fishing practiced in Japan that should not be confused with Fly Fishing with rod, reel and fly line. Primarily used for mountain stream trout fishing, Tenkara is one of the most popular methods of Angling among fresh water mountain anglers in Japan and has a growing following in the UK and throughout Europe.

Members may use Tenkara methods on our Rivers, if suitable and the appropriate equipment must be used.

Tenkara fishing can be seen as a streamlined counterpart to western fly-fishing. The equipment is designed to direct focus to the actual fishing and catching of the fish, not to cause a major preoccupation with the equipment. Only a rod, tenkara line and fly are necessary for tenkara fishing (no reel is used).

The appeal of tenkara is its elegant simplicity. There are also other advantages of using the long tenkara rods when fishing in mountain streams, primarily the lightness of the line and delicate presentation. A long rod allows for precise placement of the fly on small pools and allows for holding the fly in place on the other side of a current. The other main advantage of using the long tenkara rod is precise control for manipulation of the fly.

Rod: A very long and flexible rod (usually telescopic) is used in tenkara fishing. The rods normally range from 3.3 to 4.5 metres long (11 ft to 15 ft). These rods were originally made of bamboo, but are nowadays made with carbon and/or fibre glass. They also have a handle similar to fly-fishing rods that can be made of wood (the more prized rods) or cork.

Line: As in fly-fishing, it is the tenkara line that propels the weightless fly forward. In tenkara, the traditional and most commonly used line is a tapered furled line (twisted monofilament), of the length or slightly shorter than the rod. The main advantage of furled lines is the delicate presentation and ease of casting. Alternatively, a tenkara "level" line can be used. Level lines are specially formulated fluorocarbon adjusted to the desired length. They are easier to cast against the wind.

The traditional tenkara line has a loop of braided line at its thicker end. This braided line is used to tie the tenkara line directly to the tip of the rod by using a cow hitch (aka: girth hitch) knot. The line at the rod's tip needs to have a stopper knot, which will hold the cow hitch in place. It is a very secure method to attach the line.

Tippet: This is the same as a regular fly-fishing tippet, and is used to connect the fly to the line (which is too thick to tie directly to the fly). Usually between 30cm to 1 metre of tippet is added to the end of the line. This is typically referred to in Japanese as "hea" (for hair).

Fly: Artificial flies are used in tenkara fly-fishing. These are tied with thread, feathers and sometimes fur as in western fly-fishing. Traditionally a special reverse hackle wet-fly is used. In Japan it is known as "kebari". These traditional Japanese flies differ from most western flies, in the hackle is tied facing forward.

IMPORTANT NOTE:

Please use the appropriate equipment as per above. It is not acceptable to use an elasticated whip or roach pole.

If you require any further information, contact our Game Angling Officer.